



WAX RAINDROPS

Lesson of the Day:

Everyone gets sad sometimes. What's important is not trying to always be happy, but knowing how to take care of yourself when you are sad. Make sure you know things to do when you are sad to help yourself cheer up. Does watching movies help you? Or getting hugs from your friends? Take care of yourself!



Materials:

- Blue crayons in many shades
- Pencil/crayon sharpener
- Wax paper
- Scissors
- Iron (adult use only)

Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Have students peel the wrappers off all the blue crayons.
3. Put out a big piece of wax paper. Have students sharpen the crayons over the wax paper, leaving the shavings on top of the wax paper.
4. Spread the shavings around and cover the wax paper as much as possible.
5. Place another piece of wax paper over the top and iron until crayons melt.
6. Brainstorm ideas of how to make yourself feel better when you're having a bad day or are just feeling sad. Write the kids' answers on paper raindrops, or have them copy down the answers themselves.

