



# RAINBOW HANDPRINT FLOWER POT

## Lesson of the Day:

You can make beauty grow and flourish with your own two hands and a little love and care. Take the time to plant some seeds and do what they need you to so they can grow. Do the same for the people around you!



## Materials:

- Flower Pots
- Paint in all colors
- Paintbrushes



- Soil
- Seeds

## Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Have students paint the rim at the top of their flower pots however they would like. A sky pattern can be pretty, or rainbow stripes.
3. With you or on their own (depending on their level of dexterity) have students paint their hand in a rainbow stripe pattern. The paint should be somewhat thick so it doesn't dry before putting it on the pot and to ensure there is enough to rub off on the pot.
4. Have them place their hand firmly onto the pot as you or someone else holds it steady, leaving their rainbow handprint behind.
5. After they have washed their hands, let them add whatever other painted details they would like to their pot.