

MITTEN SUNCATCHERS

Lesson of the Day:

Mittens help keep people warm when it's cold outside. Be someone's mittens! When things aren't going well in our life, the world can feel cold and lonely. Be that warmth for someone.

Kindness and friendship can help warm anyone's life.



Materials:

- Black cardstock
- Contact paper
- Tissue paper in various colors
- Scissors



Instructions:

- 1. Discuss the lesson of the day with your students. Talk about what it means to them.
- 2. Have students cut the mitten shape from cardstock.
- 3. Cut a large rectangle of clear contact paper. Place the cardstock mitten on top with the sticky side up.
- 4. Have students place colorful tissue paper squares into the mitten shape. They can do all one color or mix many different colors. Encourage them to cover as much of the inside as possible.
- 5. Place another piece of contact paper sticky side down. Have students cut off the excess tissue paper and contact paper.