

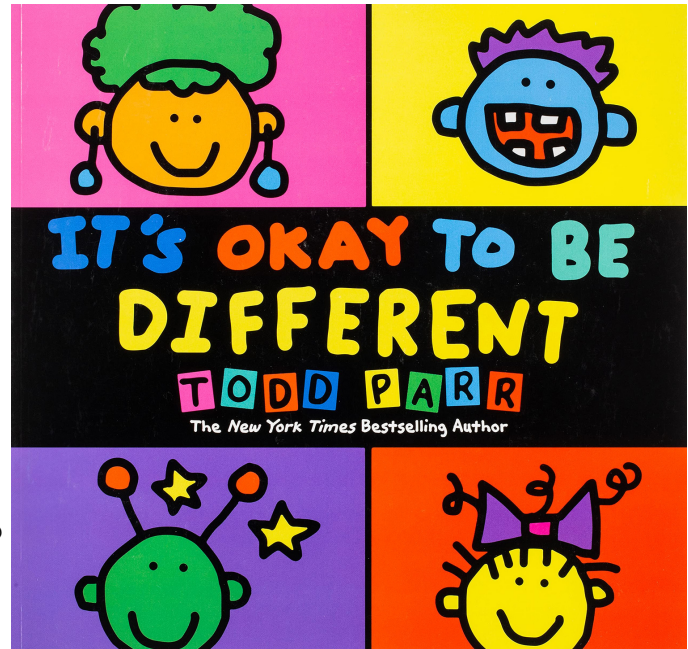


# IT'S OKAY TO BE DIFFERENT

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## SUMMARY

There are so many ways that we can be different from others around us, but all of them are okay! As long as we are kind and accept others for who they are, differences aren't a reason not to be friends or love people. How are you different from others? How can you support people who are different from you?



## Questions:

1. Is it difficult to ask for help sometimes? How do you feel when you have to ask for help? How do you feel when you help others?
2. Have you ever heard anyone make fun of someone or say bad things about someone because they're different? Have you ever heard someone make fun of someone else for having a big nose or having weird hair? What should you do when you hear others being mean?
3. Have you ever met anyone who was in a wheelchair? Is the fact that they can't always walk the most important thing about who they are? Does it make them different from everyone else on the inside?
4. Have you ever heard anyone saying mean things about someone else's size? Can people decide what height to be? Can they decide how long their legs and arms are? Should we make judgements about people based on things they can't change?
5. What should you do when your friends need to talk about their feelings? What do you want people to do when you need to talk about your feelings?
6. Is it okay to keep bugging someone after they've said no? Should you listen to people when they say no? What if it's your teacher or parent and it's about something you really want? Why is listening important?
7. When you're older, do you think everyone will remember who won or who came in last? Should we make fun of people for something that doesn't really matter?
8. Is it okay to be proud of yourself? What should you do when you're proud of yourself? What should you do when you're proud of someone else?
9. What's something nice you've done for someone else recently? How did you feel?
10. Is it possible to never get mad? What's more important- never being mad, or how you act when you're mad? Is it possible to not be mean when you're mad?
11. Is everyone special? Are you more important and more special than others?