

INSPIRATIONAL ROCKS

Lesson of the Day:

We have to make sure we are always using words of kindness. Saying something mean doesn't help anyone, but if you are nice and use only words of kindness, you will find that words of kindness are what you get in return.



Materials:

- Rocks
- Paint
- Paintbrushes
- Markers

- Glitter glue
- Glue
- Sequins



Instructions:

- 1. Discuss the lesson of the day with your students. Talk about what it means to them.
- 2. Have students paint the background they would like onto their rock.

 They can add stripes, polka dots, rainbows, or any other pattern they want.
- 3. After the first layer of paint has dried, have students paint or write an inspirational message on the rocks.
- 4. Once that paint has dried, allow students time to decorate more with sequins or glitter glue.