



FINGERPRINT TREE

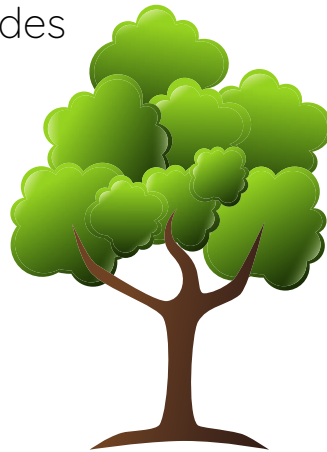
Lesson of the Day:

When you are kind to yourself and build roots with a lot of love and care for you, it makes it easier to be kind to the people you reach your branches out to. So be kind to yourself!



Materials:

- Green paint in various shades
- White paper
- Brown markers
- Black markers



Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Have students draw and color a large, strong tree trunk on their paper.
3. Have them paint their fingers in various shades of green, red, and orange, and place fingerprints at the top of the tree trunk.
4. Once the paint is all dried, have students copy the phrase “Strong roots make beautiful leaves”. If they can’t copy things down quite yet, have them trace it.