



COMPLIMENT STICKS

Lesson of the Day:

When people hear nice things and get compliments, it makes them feel happy and feel good about themselves. It gives them confidence and builds them up.

We want to do that for others, right? We want to make sure everyone is happy and feels good about themselves. Make sure that when you think something nice about someone, you tell them!



Materials:

- Popsicle sticks
- Markers



POSITIVE
VIBES

Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Have students color the background of their popsicle sticks a light color.
3. Have them then write a compliment or inspirational message on the stick with black marker.
4. When they're done, they can put it in a jar at the front of the room, or in the specific person's compliment jar. Then when someone is having a bad day they can grab a compliment to perk them up!
5. Allow time for them to make as many as they want. They could make one for each kid in the class!