



AMERICAN EAGLES

Lesson of the Day:

Freedom means the ability to do what makes you happy, so long as it does not hurt anyone else. It is having the choice to do anything, or almost anything. We have to use our freedom to be our truest selves, and to support others in doing the same. Use your freedom for good- to make the world a better place for you, everyone around you, and everyone who will come in the future.



Materials:

- Paint
- Star stickers
- Paper
- Other decorations



Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Help students choose a color for their eagle's body and place a footprint in that color in the center of the paper. Make sure their heel is painted white rather than the color of the rest of the body, with their toes painted a color for the feet.
3. Have students place a handprint wing the same color as their eagle's body.
4. Have students add a small dot of black paint for the eye and paint an orange beak.
5. Allow them to add star stickers or other decorations to enhance their picture.