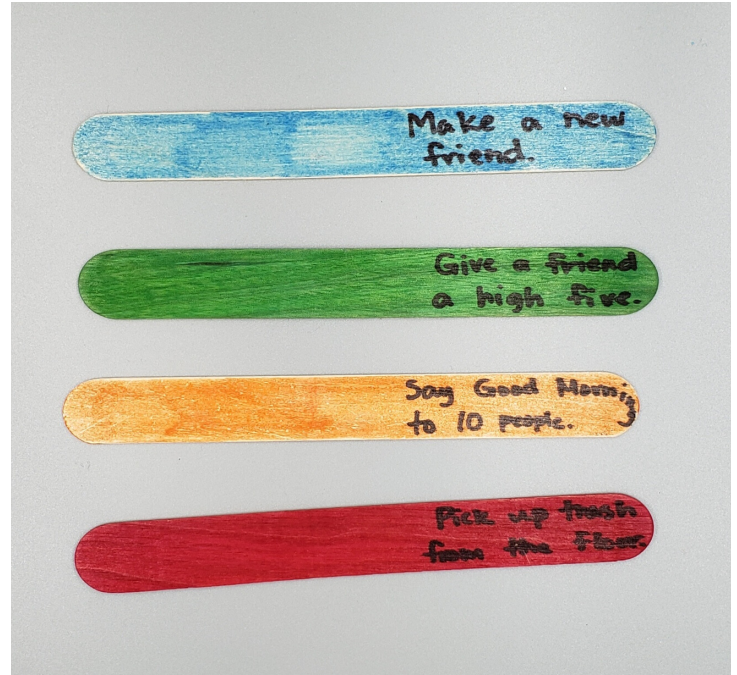




# ACTS OF KINDNESS STICKS

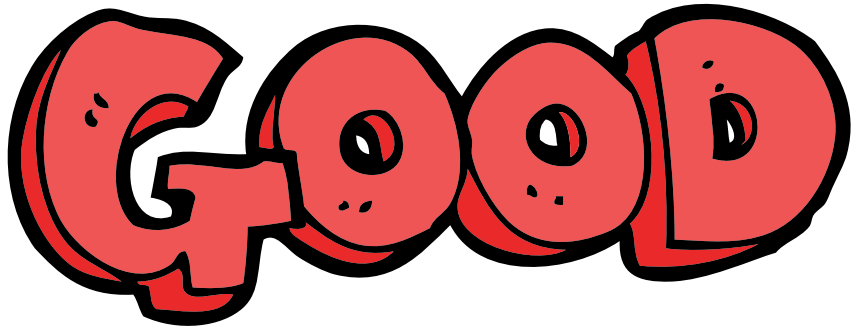
## Lesson of the Day:

Actions speak louder than words! It's nice to give people compliments and to use kind words, but we also have to take action and help others! How many ways can you think of that you could help other people or make them feel good about themselves?



## Materials:

- Popsicle sticks
- Markers



## Instructions:

1. Discuss the lesson of the day with your students. Talk about what it means to them.
2. Have students make a list on the board of ways they can be helpful at school, at home, and with friends. Push them to be creative and come up with a large variety of ideas.
3. Tell students to work together to write each of those ways together once. If they communicate clearly there shouldn't be any repeats.
4. Have them put the sticks in one large jar at the front of the room.
5. Each day, pull out one of the sticks. That's the act of kindness for the day! Encourage students to complete the act of kindness every day.